

# **Sree Chitra Tirunal Institute for Medical Sciences and Technology**

## **Department of Neurology**

### **Curriculum for PDF program in Movement Disorders**

#### **1. Basic sciences of Movement Disorders**

- A. Anatomy and Physiology of basal ganglia and related structures in the brain
- B. Neurochemistry and neuropharmacology of Dopaminergic and other neurotransmitter systems important in Movement Disorders
- C. Basic principles of genetics and clinical genetic testing. Genetics of common movement disorders including Parkinson's disease (PD) and other Parkinsonian disorders, Dystonic and choreatic disorders, Childhood Movement disorders etc
- D. Mechanisms of Neurodegeneration in PD and other neurodegenerative movement disorders, protein misfolding and aggregation, neuropathology of common movement disorders
- E. Pathophysiology and neurobiology of Movement disorders including circuit alterations happening in basal ganglia

#### **2. Basic motor physiology**

- A. Basic principles of transcranial magnetic stimulation, and its applications in the practice of movement disorders
- B. Basic principles of other electrophysiological (EP) investigations in movement disorders including tremor analysis, and EP studies in myoclonic disorders

#### **3. Clinical Movement Disorders**

- A. Phenomenology of hyperkinetic (Chorea, Dystonia, Ataxia, Myoclonus, Tremor etc) and akinetic rigid movement disorders
- B. Clinical history taking in movement disorders
- C. Clinical examination of movement disorders and techniques of videotaping
- D. Diagnostic criteria of common movement disorders including PD, various atypical Parkinsonian disorders and hyperkinetic disorders
- E. Diagnostic investigations, including imaging techniques used in Movement disorders
- F. Principles and applications of nuclear imaging

#### **4. Therapeutics of Movement Disorders**

- A. Basic Neuropharmacology of Parkinsonism and hyperkinetic movement disorders
- B. Pathophysiology and management of motor complications of PD

- C. Pharmacology of medications used in other acquired movement disorders including auto-immune movement disorders
- D. Medical management of hyperkinetic and akinetic rigid movement disorders, including treatment protocols
- E. Toxicology, pharmacokinetics and pharmacodynamics of Botulinum Toxin; various Botulinum Toxin Preparations, Chemodenervation with botulinum toxin and its applications in movement disorders, practical aspects of free-hand and EMG-guided botulinum toxin injection

#### **5. Interventional Procedures in Movement Disorders**

- A. Overview of device assisted therapies for movement disorders
- B. Lesioning surgeries – patient selection, basic principles, practical aspects
- C. Deep Brain Stimulation – History, basic principles and mechanisms, types of implants available, patient selection and pre-operative evaluation, target selection and target planning, stereotactic planning, intraoperative clinical and electrophysiological monitoring, post-operative care, principles and practical aspects of DBS programming, long term follow up and care of DBS patients, emerging indications and targets, emerging technological advances
- D. Other device assisted therapies for continuous dopaminergic stimulation – principles, applications, patient selection and management

#### **6. Clinical research in Movement disorders**

Basic research methodology, biostatistics, writing a research proposal, manuscript prescription for submission to journals.